



## **Dr. Catherine Meeks. *Consistent.***

Catherine Meeks is a storyteller with a purpose.

Born in 1946 in segregated Arkansas, Ms. Meeks has spent a lifetime working on issues of racial healing and the promotion of life. The daughter of a sharecropper and a teacher, Catherine grew up hearing her father talk about a 12-year-old brother who died from a burst appendix before she was born—refused service at a white hospital. “I grew up in that kind of atmosphere of: The world is really hostile toward us because we’re black and poor.”

For more than 30 years, Catherine has advocated wellness and social justice, giving voice to those living on the margins of society and promoting a healthy racial dialogue worldwide.

Dr. Meeks has a Masters Degree in Social Work from Clark Atlanta University and a Ph.D from Emory University focusing upon Jungian Psychology and African American Women's Literature.

Catherine's unique storytelling style has made her a popular speaker and workshop facilitator and continues to inspire her students in courses on race, gender and prejudice.

She is a newspaper columnist, a frequent radio commentator and the author of several well-known books, including "Standing on Their Shoulders: A Celebration of the Wisdom of African American Women." She writes a number of columns for national news media.

But most of all, Catherine Meeks tells stories—stories that proclaim social justice and reinforce a consistent ethic of life. She promotes a way of living that rejects violence and embraces all life—from the womb to natural death.

Despite her retirement, Dr. Meeks continues to be sought after as a lecturer and teacher whose morality and spirit continue to inspire people of all ages.

Catherine Meeks challenges each of us to be more humane—to make life and justice our highest spiritual aim. How will we respond?

*We are committed to the protection of life, which is threatened in today's world by war, abortion, poverty, racism, capital punishment and euthanasia. We believe that these issues are linked under a 'consistent ethic of life'. We challenge those working on all or some of these issues to maintain a cooperative spirit of peace, reconciliation, and respect in protecting the unprotected.*



**Consistent Life**

P.O. Box 9295 • Silver Spring, Maryland 20916-9295  
[www.consistent-life.org](http://www.consistent-life.org)